

November 2022 BIC ACTIVITIES

Bangladeshi Islamic Centre, Lewisham Road, Smethwick, B66 2BP

Monday	Tuesday 1 st	Wednesday 2 nd	Thursday 3 rd	Friday 4 th	Saturday 5 th	Sunday 6 th
	Advice 9.00am-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Swimming lessons (Aston University) 10.00am-12.00pm Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm Employment support 9.30am-3.30pm Nashta (breakfast) Club 10.00am-1.00pm Warm space 10.00am till 3.00pm	Advice 9.00-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Sewing class 11.30pm-1.00pm Mehndi Course (West Bromwich Library)- 10.00am-12.00pm	Advice 9.00am-12pm Employment support 9.30am-3.30pm		Badminton 12.00am-1.00pm (Rabia) Cake decorating (Outreach) Cake Show (11.00am-5.00pm)
Monday 7 th	Tuesday 8 th	Wednesday 9 th	Thursday 10 th	Friday 11 th	Saturday 12 th	Sunday 13 th
Advice 9.00-4.30pm Swimming 9.00am-10.30am (Hanna) Bike session 9.30am-11.30 (Rabia) Yoga 10.00am-11.00am Healthy snacks -11.00am-12.00pm Employment support 9.30am-3.30pm Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Swimming lessons (Aston University) 10.00am-12.00pm Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm Employment support 9.30am-3.30pm Nashta (breakfast) Club 10.00am-1.00pm Warm space 10.00am till 3.00pm	Advice 9.00-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Sewing class 11.30pm-1.00pm Mehndi Course (West Bromwich Library)- 10.00am-12.00pm	Advice 9.00am-12pm Employment support 9.30am-3.30pm		Boys football 11.00am-12.00pm Badminton 12.00am-1.00pm (Rabia) Cake decorating (Outreach) 1.30pm-3.30pm
Monday 14 th	Tuesday 15 th	Wednesday 16 th	Thursday 17 th	Friday 18 th	Saturday 19 th	Sunday 20 th
Advice 9.00-4.30pm Swimming 9.00am-10.00am Bike session 9.30am-11.30 Yoga 10.00am-11.00am Healthy snacks --11.00am-12.00pm Employment support 9.30am-3.30pm Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Swimming lessons (Aston University) 10.00am-12.00pm Mehndi Course-(Wednesbury Library) 10.00am-12.00pm Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm Employment support 9.30am-3.30pm Nashta Club 10.00am-1.00pm Breast Cancer Awareness session 10am-11.30am Warm space 10.00am till 3.00pm	Advice 9.00-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Sewing class 11.30pm-1.00pm Mehndi Course (West Bromwich Library)- 10.00am-12.00pm (Rabia)	Advice 9.00am-12pm Employment support 9.30am-3.30pm		Boys football 11.00am-12.00pm Badminton 12.00am-1.00pm Cake decorating (Outreach) 1.30pm-3.30pm
Monday 21 st	Tuesday 22 nd	Wednesday 23 rd	Thursday 24 th	Friday 25 th	Saturday 26 th	Sunday 27 th
Advice 9.00-4.30pm Swimming 9.00am-10.00am (Hanna) Bike session 9.30am-11.30, (Rabia) Yoga 10.00am-11.00am Healthy snacks --11.00am-12.00pm Employment support 9.30am-3.30pm Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Swimming lessons (Aston University) 10.00am-12.00pm Mehndi Course-(Wednesbury Library) 10.00am-12.00pm (Hanna) Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm Employment support 9.30am-3.30pm Nashta Club 10.00am-1.00pm CHD Awareness session 10am-11.30am Warm space 10.00am till 3.00pm	Advice 9.00-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Sewing class -11.30pm-1.00pm Mehndi Course (West Bromwich Library)- 10.00am-12.00pm (Rabia)	Advice 9.00am-12pm Employment support 9.30am-3.30pm	Cake decorating (Outreach) 1.30pm-3.30pm	Boys football 11.00am-12.00pm Badminton 12.00am-1.00pm
Monday 28 th	Tuesday 29 th	Wednesday 30 th				
Advice 9.00-4.30pm Swimming 9.00am-10.00am (Hanna) Bike session 9.30am-11.30 (Rabia) Yoga 10.00am-11.00am Healthy snacks -11.00am-12.00pm Employment support 9.30am-3.30pm Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm ESOL 9.30am-11.30am Employment support 9.30am-3.30pm Mehndi Course-(Wednesbury Library) 10.00am-12.00pm (Hanna) Warm space 10.00am till 3.00pm	Advice 9.00am-4.30pm Employment support 9.30am-3.30pm Nashta Club 10.00am-1.00pm Breast Cancer Awareness session 10am-11.30am Warm space 10.00am till 3.00pm				

Our services are open to all. For further information please call 01215588204 or email contact@bicentre.org.uk.

You can also book an appointment for the Advice services we offer.